

Den 10 Trail to Rank

Planned	God (Do one.)
X	1. Ways We Worship (Do Both) 1a. Complete the character connection for faith 1b. Make of list of things you can do to practice your religion
X	2. Emblems of Faith (Complete the requirement) 2. Earn the religious emblem of your faith
	Country (Do three.)
	3. What Makes America Special?
X	4. Tall Tales (Do all three) 4a. Tell in your own words what folklore is. List some folklore stories, folk songs, or historical legends from your own state or part of the country. D 4b. Name at least five stories about American folklore. Point out on a United States map where they happened. D 4c. Read two folklore stories and tell your favorite one to your den. H
X	5. Sharing Your World with Wildlife (Do four) 5a. Choose a bird or animal that you like and find out how it lives. Make a poster showing what you have learned. D 5b. Build or make a bird feeder or birdhouse and hang it in a place where birds can visit safely. 5c. Explain what a wildlife conservation officer does. 5d. Visit one of the following: Zoo, Nature center, Aviary, Wildlife refuge, Game preserve. 5e. Name one animal that has become extinct in the last 100 years. Tell why animals become extinct. Name one animal that is on the endangered species list.
X	6. Take Care of Your Planet (Do three) 6a. Save 5 pounds of glass or aluminum or 1 month of daily newspapers. Turn them in at a recycling center or use your community's recycling service. 6b. Plant a tree in your yard, on the grounds of the group that operates your Cub Scout pack, or in a park or other public place. Be sure to get permission first. 6c. Call city or county officials or your trash-hauling company and find out what happens to your trash after it is hauled away. 6d. List all of the ways water is used in your home. Search for dripping faucets or other ways water might be wasted. With an adult, repair or correct those problems. 6e. Discuss with an adult in your family the kinds of energy your family uses. 6f. Find out more about your family's use of electricity. D 6g. Take part in a den or pack neighborhood clean-up project. 7. Law Enforcement Is a Big Job
	Family (Do four.)
	8. The Past Is Exciting and Important
X	9. What's Cooking? (Do four) D 9a. With an adult, bake cookies. D 9b. With an adult, make snacks for the next den meeting. 9c. With an adult, prepare one part of your breakfast, one part of your lunch, and one part of your supper. 9d. Make a list of the "junk" foods you eat. Discuss "junk" food with a parent or teacher. D 9e. Make some trail food for a hike. 9f. With an adult, make a dessert for your family. 9g. With an adult, cook something outdoors.

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X	10. Family Fun (Do both)
D	10a. Go on a day trip or an evening out with members of your family.
H	10b. Have a family fun night at home.
	11. Be Ready
X	12. Family Outdoor Adventures (Do three)
	12a. Go camping with your family.
	12b. Go on a hike with your family.
	12c. Have a picnic with your family.
	12d. Attend an outdoor event with your family.
	12e. Plan your outdoor family day.
X	13. Saving Well, Spending Well (Do four)
	13a. Go grocery shopping with a parent or other adult member of your family.
	13b. Set up a savings account.
	13c. Keep a record of how you spend money for 2 weeks.
	13d. Pretend you are shopping for a car for your family.
	13e. Discuss family finances with a parent or guardian.
	13f. Play a board game with your family that involves the use of play money.
	13g. With an adult, figure out how much it costs for each person in your home to eat one meal.
	Self (Do four.)
	14. Ride Right
	15. Games, Games, Games!
	16. Building Muscles
	17. Information, Please
X	18. Jot It Down (Do H plus four more)
	18a. Make a list of the things you want to do today. Check them off when you have done them.
	18b. Write two letters to relatives or friends.
	18c. Keep a daily record of your activities for 2 weeks.
D	18d. Write an invitation to someone.
	18e. Write a thank-you note.
	18f. Write a story about something you have done with your family.
D	18g. Write about the activities in your den.
	18h. Complete the Character Connection for Honesty.
	19. Shavings and Chips
X	20. Sawdust and Nails (Do all three)
D	20a. Show how to use and take care of four tools.
D	20b. Build your own toolbox.
D	20c. Use at least two tools from requirement a to fix something.

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21. Build a Model

X	22. Tying It All Up (Do five)
D	22a. Whip the ends of a rope.
D	22b. Tie a square knot, bowline, sheet bend, two half hitches, and slip knot. Tell how each know is used.
D	22c. Learn how to keep a rope from tangling.
D	22d. Coil a rope. Throw it, hitting a 2-foot-square marker 20 feet away.
D	22e. Learn a magic rope trick.
	22f. Make your own rope.

23. Sports, Sports, Sports!

X	24. Be a Leader (Do f and any two)
	24a. Help a boy join Cub Scouting or help a new Cub Scout through the Bobcat trail.
D	24b. Serve as a denner or assistant denner.
	24c. Plan and conduct a den activity with the approval of your den leader.
	24d. Tell two people they have done a good job.
D	24e. Leadership means choosing a way even when not everybody likes your choice.
D	24f. Complete the Character Connection for Compassion.